

KICKSTART A CREATED LIFE



Kickstart a Created Life is a program for individuals to take on their transformation in the areas of life that matter to them.

Be a pioneer and take part in the first ever Kickstart a Created Life program.

We are all seeking to create results in all aspects of our lives:

-  **Personally**
The interactions we have with our friends and family
-  **Romantically**
The relationship we want to create
-  **Physically**
Our own health and well being
-  **Emotionally**
Our internal life
-  **Spiritually**
How we see the value and worth of our lives and the impact we have on the world.

Kickstart a Created Life is about creating breakthroughs for ourselves in the areas of life that matter to us. We do that first by completing the past getting a picture of what has happened and how that impacts us in the present. And then, leave that behind. Then we create by asking important questions: “What do you want for your life? What’s next for you?” Of course, there are few other steps, but that’s the fun part of this journey.

This is a brand new program and I am asking for pioneers to join me as I create this as an

An opportunity to
create breakthroughs in
the areas of life that
matter the most to you.

experience. Although the course is new, I’m not. I am a master trainer with more than a decade coaching and training individuals for breakthroughs.

This is a chance for two very important things to happen: first, you will get valuable tools and coaching to create breakthrough results in the areas of life that matter to you. And secondly, you will help me fine tune the program and create something of real value for me in my business and my life.



MARK COSGROVE
TRAINING • COACHING

Email
Training@markcosgrove.com
Call
+65 9777 4164

WHY YOU?

Well I have sent you this (or someone has forwarded it to you) because you're seen as someone that has an open heart and mind and is obviously on a journey of your own.

The program itself will be five session online (obviously) webinar that will start soon. The dates have not been set yet because I want to first talk to everyone and see what works and set a schedule that makes best sense

Section 1

- Create a vision for your future
- Outline the breakthroughs you want to have to give you a Created Life
- Understand what holds you back now

Section 2

- Discover a technique for understanding how the past impacts your ability to live well today
- Dive into the values you hold
- Understand what your society and culture want from you and how that impacts you

Section 3

- Set up winning accountability structures
- Learn a coaching methodology and get coached on what's important to you
- Understand how much we are willing to not be held accountable for the results we're producing

Section 4

- Take what's possible in your life and make it probably by recognizing and removing bad habits
- Create an understanding on how to create real sustainable habits that help you achieve success
- Track and manage your progress
- Instil a sense of motivation in your daily actions

Section 5

- Learn to take time to recognize the importance of progress and celebrate it
- How to deal with disappointment (what to do when you don't succeed)
- Recalibrate, reset and start



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